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St. Paul
DODGE

UP FRONT
Elk Point Elementary School marked Orange Shirt Day with First Nations guests performing dancesPage 3

SPORTS
Cross-country Crusaders moving on to Provincials after Zone wins in Vermilion.....Page 6



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ELK POINT VOLUNTEER FIREFIGHTERS Vern Pierce, Devin Rewoldt, Ramsey Mudryk and (not shown) Peter Hewitt visited Elk Point Elementary School's kindergarten and Grade 1 students last week, with former EPE student Mudryk showing them the equipment he wears when searching a burning building for occupants. The firefighters also impressed the children with the need for escape routes and smoke alarms in their homes. More photos, Page 5.

Chamber sets Christmas Extravaganza date

VICKI BROOKER
Review Staff

Elk Point and District Chamber of Commerce has set Saturday, Nov. 26 as the date for the 2016 Christmas Extravaganza. Results of a survey circulated by fax and email showed a large majority of respondents felt the event should be held the same day as F. G. Miller High School's annual Crusader Craft and Trade Extravaganza. The survey also showed that fireworks topped the list of 'important parts of Extravaganza' and treasurer Geoff Hyslop was asked to contact the fireworks provider to book the date.

The planning committee will meet at noon this Thursday to work on details of events that will be part of the program.

Golf Tournament

The chamber's first-ever golf tournament was declared a success, with a small but promising profit after expenses incurred for the event were paid. Hyslop told the members that the event was "an awesome afternoon" for both the seven teams of golfers and the volunteers, and president Jonny Nielsen, who was part of one of the teams, said it's an event that will no doubt

happen again. The chamber is now considering a curling funspiel as their next fundraising event.

EcoCentre

The solar panels at the EcoCentre are back in full service, although minus the device that formerly allowed the panels to follow the sun. Replacement of the tracking device proved to be very costly and it was determined that the additional power produced would take many years to recoup the cost.

Members discussed the cost of having the EcoCentre's elevator certified each year, and agreed that even though it is costly, it is an important part of the building and certification must be done on schedule.

Telecommunications

President Nielsen feels that Elk Point needs high-speed broadband Internet service if the community is to attract new business. He plans to send out a survey to determine the membership's thoughts on this and will forward the results to Bob Bezpalko of Northeast Alberta Information HUB, who is compiling information from communities across the HUB area with which to lobby the government for better Internet service.

Hyslop shared information about ChambersTelecom,

a division of an Internet telecommunications company based in Calgary and Montreal, which partners with chambers of commerce and boards of trade to provide savings for businesses and revenue for those organizations. He will provide details to members via email, and said the company's services had been "very well accepted" in other communities and provides the services at "a very good price."

Airport lights

The lack of approved lighting has shut down Elk Point Airport for night flights, and thus made it impossible for fixed-wing medical aircraft to use the facility after dark. Town of Elk Point CAO Ken Gwozdz will be invited to attend the next meeting to provide information on ways the chamber could help to encourage replacement of the lights in the near future.

Halloween

Town Recreation Director Jena Colbourne outlined the department's plans for a second annual scarecrow contest, and added that the scarecrows in the business category can be either indoors or outdoors. She is currently trying to track down a volunteer group interested in working at a Halloween party for community youngsters.

(Continued on Page 2)

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Chamber

(Continued from Front Page)

Liability Insurance

Victor Stepa of Elk Point Insurance was on hand to outline the need for home or business owners to ensure that contractors and tradesmen coming into their premises to work have liability insurance and Workmen's Compensation coverage in place. Nielsen would like to see this become a requirement of obtaining an Elk Point business license.

"If you hire a contractor and he doesn't have the insurance, you could be on the hook for loss or damage to your own building, or for injuries to

your own family if something happens," Stepa said. "Homeowners may carry a policy, but contractors should have insurance and WCB coverage."

"Otherwise, if there's a work injury, the site will be responsible for it," Nielsen added.

Business applauded

Elk Point's Golden Loaf Bakery earned a thank you on the Iron Horse Ultra 100's Facebook site for their support of last week's marathon, and that thank you message had "45,000 views and tremendous comments," Melanie Poulin reported, suggesting that the chamber could highlight a member business each month in a similar fashion.



Grandparents Day

Bernice Capjack (left) presented Diana Anderson with a donation from Elk Point Healthcare Auxiliary to support the Grandparents Day Celebration this year. A cheque for \$200 was presented.

Photo submitted

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UPCOMING AUCTIONS

Reminder

Saturday, October 22, 2016 at 10:00 A.M.

Troy & Sandy Richert

Sale Location: From Lloydminster, 14 3/4 Miles North on Hwy 17, East Side, (3/4 Miles North of Alcurve Corner, Hwy 45). Construction & Recreational Equip. Shop & Misc.

Land Auction

Thursday, October 27, 2016 at 7:00 P.M.

Pt of NW 13-57-6-W4

Sale Location: Senior Centre Conference Room, 5010 - 48 Street, Elk Point, AB 63.15 Acres +/- of pasture land. Fenced. Dugout. Approx. \$700 gas lease revenue. Ideal location to build.

Thur. Oct 20	Land Auction	Vermilion
(NE 23-51-6-W4; SE 29-51-8-W4; 1/2 of SW 18-51-9-W4)		
Thur. Nov 3	Lease Land Auction (Vermilion River)	Vermilion
(N 1/2 29-48-5-W4; NE 30-48-5-W4)		

List is subject to additions and deletions. This listing is only a guide and in no way a guarantee of size, description or year.

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PUBLIC NOTICE

NEWALTA CORPORATION – ELK POINT WASTE MANAGEMENT FACILITY

ENVIRONMENTAL PROTECTION AND ENHANCEMENT ACT

NOTICE OF APPLICATION

In accordance with the *Environmental Protection and Enhancement Act*, Newalta Corporation has applied to Alberta Environment and Parks to amend the existing approval, by adding a contaminated snow management cell. The facility is located in LSD SW ¼ Section 15 Township 55 Range 6 West of the 4th Meridian (in the County of Two Hills No. 21).

A directly affected person may provide input into certain regulatory decisions, as allowed by the *Environmental Protection and Enhancement Act* (Section 73). Specifically, any person who is directly affected by this application may submit a written statement of concern within 30 days of the day of this notice to:

Environment and Parks
Regulatory Approvals Center
Main Floor, 9820 – 106 Street
Edmonton, Alberta, T5K 2J6
Fax: (780) 422-0154
Email: esrd.epeapplications@gov.ab.ca

The written statement of concern should include the following:

- the application number 005-208059
- describe concerns that are relevant to matters regulated by the *Environmental Protection and Enhancement Act*
- explain how the filer of the concern will be directly affected by the activities proposed in the application
- provide the legal land description of the land owned or used by the filer where the concerns described are believed to be applicable
- state the distance between the land owned or used by the filer and the site in the application
- contact information including the full name and mailing address of the filer. Please provide a telephone number and/or email address for ease of contact.

Environment and Parks will review each written statement of concern, seek more information if needed, and notify each filer by letter of the decision to accept or reject their written submission as a valid statement of concern.

Statements of concern submitted regarding this application are public records which are accessible by the public and the applicant. Failure to file a statement of concern may affect the right to file a Notice of Appeal with the Environmental Appeals Board.

Copies of the application and additional information can be obtained from:

Newalta Corporation
Attention: Renee White
Sr. Regulatory Advisor
211 – 11th Avenue, SW
Calgary, AB., T2R 0C6
Telephone: (403) 806-9879
Fax: (403) 806-7242
Email: rwhite2@newalta.com



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REGIONAL DIVISION No. 1

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SPERD visits former residential school

JANANI WHITFIELD
Review Staff

The walls of Blue Quills drip with history, of old, dated photos of neatly dressed groups of boys and girls, or history-telling First Nations art and sculpture, or with stickers or writing that recalls the past, declaring “Decolonization” and “Trauma.”

People peer closer, getting a glimpse into a not-so long ago past, that still casts its shadows over today.

Sharon Steinhauer, team lead for social work education, walks the group through the rooms that have been transformed into university classrooms, but where once, fear and darkness reigned. Some rooms seem innocuous, whether it’s a socializing area for the former nuns and priests or a sewing room, while others hold dark memories – a place of punishment, or a room where a boy who was pushed off a fire escape once passed away.

Some of these places remain “triggers” for those who know and feel the effects of residential schools, she told the tour group, saying, “They feel the energy, or the memories.”

On Thursday, a group of just over 30 individuals that work for or with St. Paul Education Regional Division came for a tour of the former residential school, and came out with an appreciation of the history of what went on behind the brick walls of the imposing former residential school. Following the day’s tours, videos and talks, many shared a desire to raise awareness of residential schools with their children

or families or friends, while others said it gave them an understanding of their classroom students.

As the group took part in a closing circle, SPERD board chair Heather Starosielski said the division has been talking about how to build collaboration, with people living in towns, villages, the county and in reserves, and through its work, is gaining “more traction” in that goal.

The dialogue about Canada’s history needs to be constant, she said, adding, “It needs to be in our everyday thinking, to pass it on.”

Right now, Alberta is in the midst of a \$64 million school curriculum overhaul, which will incorporate indigenous history and culture as well as other issues, to address truth and reconciliation in K – 12 classrooms, she noted.

“It’s going to transform history and our children will learn it as it should be known.”

Last year, SPERD mandated every school in the division to take part in a tour of the former residential school, explained central office’s Glenda Bristow, with this last school tour offered to anyone who hadn’t yet had a chance to take part.

Since teachers and support staff have been attending the tours, she says the difference is “amazing,” as teachers express their awareness and realization on how residential schools directly affected their students’ parents and grandparents. She gives credit to the school board and trustees for being part of that discussion, and leading it.

(Continued on Page 6)



Diane Dewan photos

ORANGE SHIRT DAY - Elk Point Elementary School observed Orange Shirt Day on Friday, Sept. 30, with First Nations dancers Trevor Quinney (below), Julie Mountain and Kyra Quinney (above) performing for the students and staff, and later inviting everyone to join the dance. Many students and staff wore orange shirts that day as a gesture of remembrance of children taken from their families and placed in residential schools in years gone by.



County of St. Paul No. 19

TAKE NOTICE that the following Development Permits have been issued in accordance with Land Use Bylaw No. 2013-50 of the County of St. Paul No. 19

PERMIT NO. LOCATION

16-D0159	S.W. 13-57-6-W4M	Accessory Building- No Principal Dwelling <i>Land Use District: Agricultural (A)</i> Discretionary Use
16-D0160	S.E. 21-56-11-W4M Lot 60, Block 4, Plan 0826580 Lac Sante	Accessory Building- No Principal Dwelling <i>Land Use District: Country Residential One (CR1)</i> Discretionary Use

Any person claiming to be affected by the said Development, may appeal within fourteen (14) days of this advertisement, to the Subdivision and Development Appeal Board by serving Notice of Appeal to the Secretary of the Subdivision and Development Appeal Board of the County of St. Paul No. 19
5015 - 49 Avenue
St. Paul, Alberta
T0A 3A4

The appeal letter must contain at least one reason for appeal and if the development permit is a permitted use under the land use bylaw, no appeal applies unless the provisions of the bylaw were relaxed, varied or misinterpreted in the decision of the Development Authority. The appeal fee is \$200.00 (Refundable if appeal is successful).

October 11, 2016
Date

Chelsey Thoben
Development Authority Officer

5015 - 49 Ave., St. Paul, AB T0A 3A4 Phone 780-645-3301 Fax 780-645-3104
Email Address: countysp@county.stpaul.ab.ca Website: www.county.stpaul.ab.ca

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EDITORIAL

Thanks, Firefighters

We say this every year, but then, they keep right on doing the same exemplary job every year of protecting Elk Point and area. It's a challenging job, keeping us all safe, but they hit the ground running whether it's 2 a.m. in the middle of a blizzard or whether they're about to barbecue a steak on a summer afternoon.

It's hard to imagine any other community involvement that is anywhere near as demanding as that of being a volunteer firefighter. They face danger on a regular basis, they take on huge responsibilities that most of us wouldn't, and like recently retired fire chief Ken Palamarek, many of them keep on doing it for decades. Huge thanks to these dedicated volunteers.

RECREATION CORNER

Halloween, and Extravaganza

recreation@elkpoint.ca

Review contributor

Exciting news! The Elk Point Chamber has announced November 26th as the official date of this year's Christmas Extravaganza! By popular demand, the festivities will be held on the same day as the F. G. Miller craft sale.

Now, it's time for planning. I will be assisting on the planning committee and if you know me, you know I'm always open to feedback and suggestions. What would you like to see and what activities should be held? The Extravaganza is about celebrating our community and the people who live here. We welcome our neighbours to experience the true Elk Point spirit. So if you have any ideas on how to make this year's Extravaganza a memorable one, please attend the first planning meeting on October 13th at noon at the Empress.

In other rec news - the scarecrow contest is on! Three categories this year, business, residential single scarecrow and residential group of scarecrows. It's easy; place a scarecrow outside your home or business by October 21st. Text 780-207-5898 or email recreation@elkpoint.ca to let the judges know you have a scarecrow. Be sure to have your scarecrow out October 21-23rd for judging. If you are a business and cannot place your scarecrow outside, please try to have it in a window or doorway and let the judges know to come during business hours.

First place business scarecrow will win an office pizza party! First place single \$100 and first place group \$100. Also top five runner-ups in each category will receive \$10. New this year, Fan Favourite! On October 24th all the scarecrows will be posted on the Town of Elk Point's Facebook page. The scarecrow with the most likes will win a Pizza Party! (Winner will be decided by a random draw in the event of a tie).

And finally - I am looking for a non-profit group or groups wishing to host a Halloween event on October 29th. The Rec Department has booked the hall and will assist in planning and promoting the event. Please call or text me at 780-207-5898 by October 15th. If no groups respond, then unfortunately we will not have a Halloween event this year. The Rec Department will cover the cost of the hall.

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

ALL ABOARD!



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HITTING THE TRAIL...

An adventure to remember

SHEILA THOMPSON

Trans Canada Trail explorer

Our adventure was great to the end....

North Shore Trail: Slave Lake to Grouard - This puzzle piece is a shining jewel in the geographic centre of Alberta. When finished (and it's close to complete) it will be 90 km through mature Boreal forest and beside sandy beaches the entire way. Let's consider it our version of the West Coast Trail.

Peace River Trail: This is a piece we continue to look for. There is a jewel of a park near Grimshaw that wants to connect with Peace River, but it is a work in progress. Peace River has good urban trails. We want to hike to the spectacular views of the Heart and Smoky Rivers flowing into the Peace. How do we achieve this?



Twelve-Foot Davis and six-inch Aussie.

These are all the trail systems we visited from Edmonton north. Then we headed south.

Cowboy Country - Colour this piece Alberta Blue, for its big, clear skies. The trail will eventually parallel the QE2 through the major towns between Calgary & Edmonton. It was once called the C and E Trail. Here again is the story of beautiful urban trails that do not connect town to town, with one major exception. Hurray for Lacombe County! Lacombe County has set the standard for the rest of Alberta with a first-rate paved trail connecting Lacombe and Blackfalds. The trail then runs south across a ped-bridge on the Blindman River. From there, rural roads lead to Red Deer and its rich trail system. Try to visit these trails when a Stampede is on.

Calgary - Another successful piece of the puzzle. Calgary has commuter trails, urban trails along the

Bow River, and woodland trails. They each showcase an aspect of life in Calgary.

Calgary to Cochrane - This trail system/puzzle is well on its way to being connected. Follow the Bow River upstream from Calgary and you come to Glenbow Ranch Provincial Park. Upstream of that is Cochrane. Cochrane has trails all the way to GRPP, but we managed to get lost. Next time, we will start from GRPP and find our way to Cochrane. Here is another trail that gives us history, beauty and personal challenge.

Bragg Creek - The Gateway to Kananaskis This is a small piece among many needed in this section. Bragg Creek hosts the staging point for K-Country and its multitude of trails.

Goat Creek - Legacy Trail - Canmore to Banff - For sheer beauty, what can you say? Isn't Alberta wonderful? All of the above and this too. Here's my plan: Cycle the Goat Creek Trail from Canmore to the Banff Springs Hotel. Enjoy some refreshments, then visit Bow Falls. Cycle back to Canmore on the Legacy Trail. Sublime!

Elk Pass to Alberta - BC Border - The final piece for now. We are told a new trail with scenic views is almost ready - another Canada 150 project. For now we hike the Elk Pass Trail, favored by cyclists in summer and X-C skiers in winter. Currently, the gateway is just a gate separating two provinces.



The Trans Canada Trail has rebranded itself as The Great Trail. I get that. This summer, I have discovered The Great Trail. I have felt a connection to the peoples who came before us. I have been moved by the beauty of the land. I personally thanked the trail builders we have met along the way. And I cherish the adventures the TCT has presented. The Great Trail, indeed.

Elk Point Review

5022 - 49 Avenue, Elk Point, AB

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Vicki Brooker
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Canada



FIRE PREVENTION WEEK

ELK POINT VOLUNTEER FIREFIGHTERS - (back row, left to right) Robert L. Smith, Vern Pierce, Deputy Fire Chief Jon Kadutski, Mike Ernst, Devin Rewoldt, Matthew Gormley, (front, left to right) Irwin Panganiban, Jeffery Orascheski, Ramsey Mudryk and Derek Baerg are among a crew that numbers almost 30 in total, all who stand ready to serve Elk Point and surrounding areas on a 24/7 basis. Thanks, firefighters, for your dedication and your year-round protection of the community and its residents.



...And future firefighters

Kindergarten and Grade 1 students braved wintry winds on Wednesday to check out the fire trucks and rescue van, each having a turn to climb up into the seat and turn on the siren.

Don't be caught unprepared!
Check all your fire equipment is updated, to ensure your safety.

THANK YOU TO ALL FIRE PERSONNEL!!

MEMBERS OF THE **HEINSBURG COMMUNITY CLUB**

Use this week to replace all your batteries or devices and update your fire extinguishers/alarms!

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Vicki & Mel.
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FIRE PREVENTION WEEK
OCTOBER 9-15

We are very proud of our local fire Department. Thank You From all of us!

ELK POINT **Town of Elk Point**
The Mayor, Council & Staff



Waiting their turn

A long, chilly lineup of kindergarten and Grade 1 students waited their turn to climb aboard the rescue van and sound the siren when the friendly Elk Point Volunteer Firefighters came to visit Elk Point Elementary School last Wednesday.



Don't Wait. Check the Date!

It's as simple as checking the expiry date on your smoke and carbon monoxide alarms and replacing them if needed.

Working alarms keep all of us safe.

This Fire Prevention Week
safety message brought to you by:



Alberta

ATCO ALWAYS THERE.
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SPERD

(Continued from Page 3)

Bristow's own mother attended residential schools, but Bristow never heard her mention it, nor learned about her mother's past until university. At that time, she began doing research on the subject and found out

more of people's experiences, speaking to one woman who recounted having her five-year-old sister die from being forced to drink Javex as a punishment for having spoken Cree.

"It was a big dark secret," she said, adding that the tours are one way of bringing those secrets into the light. "The truth

is coming out, the hidden secret is coming out."

The stories really tug at people's heartstrings, she said, and she notes she has seen teachers whom she has known to have certain attitudes about First Nations people transformed by the experience.

"There are teachers that have broken down and cried," she said, adding one teacher who came in with some narrow-minded views expressed his sorrow and guilt at how his ancestors treated First Nations people.

"I had goosebumps - it's like, 'What we're doing is working.'"

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410. Education/Training

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510. Legal Notices**NOTICE TO
CREDITORS AND
CLAIMANTS**

Estate of **Randy Roy Scott** who died on April 22, 2016.

If you have a claim against this estate, you must file your claim by **November 10, 2016** with Richard R. Holeten Professional Corporation, at 4405-50th Avenue, St. Paul, Alberta, T0A 3A3 and provide details of your claim.

If you do not file by the date above, the estate property can lawfully be distributed without regard to any claim you may have.

1500. Help Wanted — Alta.

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1500. Help Wanted — Alta.

SPRUCE POINT PARK
Association is accepting applications for the position of Park Manager (Seasonal May 1 - September 15). Spruce Point Park campground and marina facility is located on Lesser Slave Lake approximately 285 kms northwest of Edmonton, Alberta near the Hamlet of Kinuso. For complete package and details call 780-775-3805 or 780-805-0801 or email: sprucepointpark@gmail.com. Closing date: December 15, 2016.

3010. Auctions

ACREAGE AUCTION for Ed King. Saturday, October 15, 10 a.m. East of Lloydminster 5kms on Hwy 16. Tractors, Gator, buggies, sleighs, antiques, more! 780-842-5666; www.scribner.net.com.

K & K AUCTIONS Upcoming Auctions: Large Antique Collectible Auction, Saturday, Oct. 22, 9:30 a.m., Calmar Royal Canadian Legion, Calmar, Alberta. Fall Premier Antique Auction, Saturday, Oct. 29, 10 a.m., Olds Royal Canadian Legion, Olds, Alberta; www.globalauctionguide.com. Doug, Lorraine 780-679-4142.

UPCOMING RECEIVERSHIP AUCTION

As authorized by Grant Thornton LLP Receiver, to sell the assets and inventory of:

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UNRESERVED AUCTION - Redwater (1 east & 2.5 miles north). Thursday, October 20, 9 a.m. Mashmeyer Estate - JD 8110 FWA 1255 hours; JD 7710 FWA 6668 hours; 2001 GMC SA grain truck, diesel, 12,840 km. For Amisk Equipment (Phone 780-212-0978), 2011 Komatsu D39PX crawler; 2008 JD 650J; JD 270 & 200 trackhoes c/w thumbs; 3 - JD 544J's; 4 - 1995 IH Gravel Trucks, autos. View online www.prdaniukauctions.com

3210. Misc. For Sale

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3700. Commercial Equipment

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5003. Real Estate Misc.

1 PARCEL OF REAL ESTATE - Athabasca, Alberta. Ritchie Bros. Auctioneers Unreserved Auction, October 26 in Edmonton. 93.27 +/- title acres. Hwy 2 access, borders town limits. Jerry Hodge: 780-706-6652; Broker: All West Realty Ltd.; rbauction.com/realstate.

17 INDUSTRIAL LOTS West Hill Business Park, Peace River, Alberta. Ritchie Bros. Auctioneers Unreserved Auction on November 22 in Grande Prairie. Contact Jerry Hodge: 780-706-6652; rbauction.com/realstate. All West Realty Ltd., Broker.

2 AND A 1/2 quarters of land near Prince Albert, SK with nice full yard & beautiful garden. Grows good crops. Great opportunity for starter farmer. \$427,500. Call Doug for further details 306-716-2671; saskfarms@shaw.ca.

2 UNDEVELOPED MEDIUM Density Residential Lots - Lac La Biche, Alberta. Ritchie Bros. Auctioneers Unreserved Auction, October 26 in Edmonton. 0.89+/- and 0.84+/- title acres. Undeveloped. Jerry Hodge: 780-706-6652; Broker: All West Realty Ltd.; rbauction.com/realstate.

3 PARCELS OF Farmland - Athabasca, Alberta. Ritchie Bros. Auctioneers Unreserved Auction, October 26 in Edmonton. 473.22 +/- title acres. 285 +/- cultivated acres. Jerry Hodge: 780-706-6652; Broker: All West Realty Ltd.; rbauction.com/realstate.

5 INDUSTRIAL LOTS - Bonnyville, Alberta. Ritchie Bros. Auctioneers Unreserved Auction, October 26 in Edmonton. Lots ranging from 1.13 +/- to 1.61 +/- title acres. North West Industrial Park. Jerry Hodge: 780-706-6652; Broker: All West Realty Ltd.; rbauction.com/realstate.

5003. Real Estate Misc.

COUNTRY RESIDENTIAL Acreage & Shop - Alcomdale, Alberta. Ritchie Bros. Auctioneers Unreserved Auction, October 26 in Edmonton. 2.47 +/- title acres & 2520 sq. ft. shop with living accommodations. Jerry Hodge: 780-706-6652; Broker: All West Realty Ltd.; rbauction.com/realstate.

LOG HOME & Equestrian Facility - Lacombe, Alberta. Ritchie Bros. Auctioneers Unreserved Auction, April 26, 2017 in Edmonton. 4879+/- sq. ft. log home with 65,850 +/- sq. ft. equestrian facility. 158+/- title acres - \$6260+/- surface lease revenue. Jerry Hodge: 780-706-6652; Broker: All West Realty Ltd.; rbauction.com/realstate.

7245. Misc. Services

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7310. Health Services

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7700. Travel/Vacation

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Terri Castle photo

Christian Castle-Wasson has a good lead on a Mallaig runner coming across the finish line in Vermilion. He, along with Alex Hunter, DJ Drobot, Kaiden Evans-Anderson, Chase Dorey, Jaden Plaska, Sam Urquhart, Abby Baker and Dama Gibson, are off to Cochrane next weekend for the Provincial championships.

Zone banner for Crusaders

JANANI WHITFIELD

Review Staff

After a beautiful day for SPAA cross-country, 269 athletes braved wind and cold to compete at cross-country zones in Vermilion last Wednesday, with Mallaig, FG Miller and St. Paul Regional High School all prevailing in miserable conditions to win their respective zone titles.

For the Mallaig Stingers, Haley Kwan finished first in intermediates with Brooke Corbiere coming in second for the senior girls. The school as a whole captured the 1A zone banner for the 10th year in a row, with 1,360 points, more than 200 points over second place finisher Beaux Lac. Now the team is

turning its sights onto winning its 10th consecutive provincial cross-country banner.

This year, FG Miller showed its cross-country program is definitely on the move, winning the cross-country banner for a second year in a row. The school's DJ Drobot also distinguished himself, winning third in the intermediate boys category with a time of 21:23, while para athlete Carter Wood finished first in his category.

"We had quite a few injuries right before zones and had about eight kids not run so to still come out and win the banner by about 600 points shows the depth that our cross country program has, which is nice to see," wrote head coach Jonathan Randall in an email to the *St. Paul Journal*. With 1,122 points, FG Miller had nearly double the points as second place finisher JR Robson at 609 points.

Three Crusader girls and six Crusader boys will be going to provincials, and Randall hopes to repeat the success of last year, which saw the team get its first ever top three finish. The school came in third with about 560 points, and Randall believes "we should be close to that again this year."

The Saints brought 37 athletes to compete at zones, and finished with the 3A zone championship under its belt for the 15th year in a row. Twenty-three students from the school will head to provincials in Cochrane on Oct. 15, which is up from last year's 16.

Ross Lake a great venue

VICKI BROOKER

Review Staff

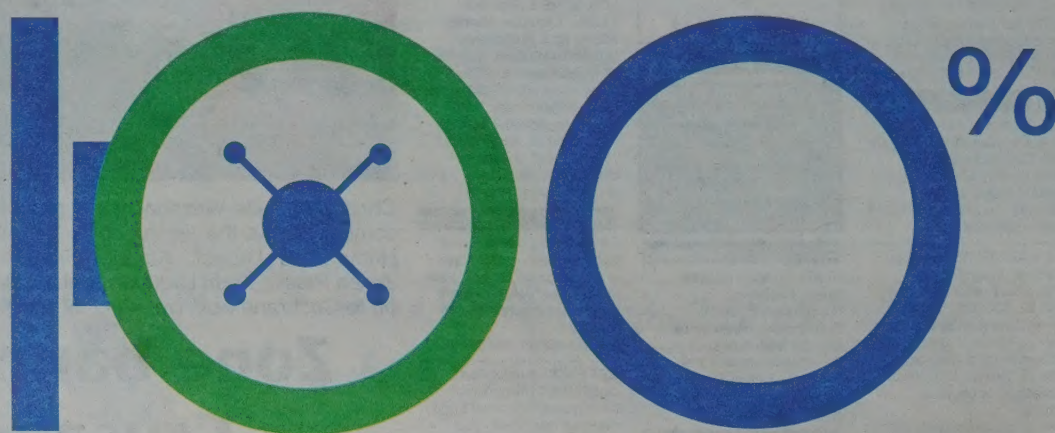
F. G. Miller cross-country coach Jon Randall has plenty of praise for Whitney Lakes Provincial Park staff after the school hosted the 2016 St. Paul Athletic Association (SPAA) Cross-country competition at Ross Lake.

"Without them, it wouldn't have worked as well as it did. We've had it there two years now, and I've heard nothing but good things about the move there from Westcove." Randall said setting up the course at Ross Lake was "easy, compared to Westcove" and that the course was "not super hilly - the Zones course at Vermilion was crazy." He noted that the staff even brought in a second side-by-side from another park to patrol the course that day.

The park staff, who will receive Crusader sweaters for their efforts, said they are "100 per cent willing to continue" being a site for the event in the future. They helped get ready, setting up the track, assisting the day of the race and following the racers with the side-by-sides.

VERY MUCH APPRECIATED - Ross Lake staffers Sam Adams, Austin Toley, Jackie Surina and Michael Carlacio accepted a certificate of appreciation from F. G. Miller athletic director Jon Randall (centre).





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